

# *EFT Study on PTSD*

## **Do you know any veterans who suffer from combat stress? Help them receive a free, effective, non-drug coaching.**

If you (or someone you know) have a combat experience from Vietnam, Iraq, or Afghanistan, you may be eligible to get help through participating in a stress study. If you qualify, you will receive six free private sessions of an advanced self-help technique which might prove very useful for releasing the stress of combat memories. These sessions will take place near your home, or over the phone. This study is sponsored by a private research nonprofit not affiliated with any government organization. All personal information is kept completely confidential.

If you have any of the following conditions, please apply to participate in the study:

- You suffer from insomnia and / or nightmares.
- You're battling alcohol or drugs.
- You're dealing with anger, anxiety, panic attacks or depression.
- You're consumed with rage, grief, and guilt because you survived.
- You feel isolated, unsafe, jumpy, or triggered by other people.
- You haven't sought help for fear of damage to your military or civilian career.

**If this study is done, hundreds of veterans suffering from combat stress may be able to receive help through this effective technique. Please help us make it possible.**

How to apply: This study is organized and sponsored by the Iraq Vets Stress Project ([www.StressProject.org](http://www.StressProject.org)), a project of Soul Medicine Institute, an independent 501 (c) (3) nonprofit public benefit corporation. To get further details, call Soul Medicine Institute at (707) 237-6951, or email [deb@soulmedicine.net](mailto:deb@soulmedicine.net). To apply to participate in the study, call or email your local study representative:

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